

The Knee Cap of the Billy Goat

The knee cap of the billy goat
Might get wedged inside your throat.

Therefore take care
And be aware –
Eat the flesh but not the bone
Or else your stomach will surely moan.

Eighty percent of meat is goat –
Maybe you should write a note
To remind you of this quite vast figure,
Eat goat and you will grow indeed grow bigger.

Not too much though as goat is lean
And even if you're very keen
You'll not get much fat from goat meat
So goat is a healthy treat.

So eat some more – don't be goat-dodgers
It's also good on Weightwatchers.
But make sure you leave the knee cap out
As bone can choke – of that there's no doubt.

Written by

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